

## January 11 2025 Praying Through Scripture Worksheet

### GAINING ACCESS

- 1. FORGIVENESS OF SINS – Our greatest need.

### AS A RESULT

- 2. RIGHTEOUSNESS – right standing with God
- 3. RELATIONSHIP – no longer slaves but daughters and sons
- 4. ACCESS – bold access to God – Hebrews 10:10, 19-22

### 1. SCRIPTURE

Lectio Divina – SMORP (Abide)

- Slow your reading down
- Read a chunk – pericope
- Re-read often

### 2. What's the MESSAGE here?

- What is saying?
- What is this saying in the context of the whole story?
- What is this saying to me?

### 3. PRAY

- How must I respond
- The Psalms are a perfect for this

Athanasius: "Most scriptures speak to us; the Psalms speak for us."

### 4. Step(s) of OBEDIENCE

- Put this text into your day

PENITENTIAL PSALMS – Psalms to say "I'm sorry God"

Psalms: 6, 32, 38, 51, 102, 130, 143

### Psalm 32

32: Finally, I confessed all my sins to you and stopped trying to hide my guilt...And you forgave me! All my guilt is gone. *Interlude*

### COMFORT

Psalm 23

### TRUST IN THE FACE OF ALL THAT IS GOING WRONG

- Psalm 37:1-7

### DISPARING

- Psalm 40:1-5

### HEARTBREAK – SADNESS

- Psalm 42:1-11

### RECOVER JOY

- Psalm 43:1-5

### JESUS' PRAYER MODEL

- Matthew 6:9-13;
- Luke 11:2-4

### PRAYER FOR GOD'S POWER

- Follow the order and read from Acts 1:4, 8; Acts 2:38-39; Acts 4:29-31; and Ephesians 5:15-20